

## HEALTH SCIENCES

### GUIDED PATHWAY: KINESIOLOGY

For more information, visit [www.dcccd.edu/PE](http://www.dcccd.edu/PE) and meet with an academic advisor at your college.

This guided pathway prepares you to transfer to a university to earn a bachelor's degree in Kinesiology. Kinesiology is a broad field with over 30 different career options. These are most often designated as tracks or specializations and grouped as follows: Exercise Science/Fitness, Athletic Training, Health, Allied Health (Occupational Health, Pre-PT, etc).

This is an example course sequence for students interested in pursuing Kinesiology. It does not represent a contract, nor does it guarantee course availability. Following this pathway will help you earn an Associate of Arts (AA) degree <sup>ii</sup>, which will increase your chances of transfer to bachelor's-level programs. Courses that complete the Degree (D) are noted below. For official degree requirements, [click here](#).

Visit [www.dcccd.edu/TransferServices](http://www.dcccd.edu/TransferServices) to view the Top 15 colleges and universities to which students at the colleges of DCCCD transfer. Visit with your academic advisor to choose courses that will help you to transfer to a specific university.



### COLLEGE READINESS REQUIREMENTS

Enrolling in one or more courses may be necessary if assessment activities and previous academic experiences indicate a need for additional knowledge and skills:

READING & WRITING PLACEMENT	MATH PLACEMENT	ENGLISH LANGUAGE PROFICIENCY
TSI READING MET: <input type="checkbox"/> YES <input type="checkbox"/> NO TSI WRITING MET: <input type="checkbox"/> YES <input type="checkbox"/> NO	TSI MATH MET: <input type="checkbox"/> YES <input type="checkbox"/> NO	ENGLISH PROFICIENCY: <input type="checkbox"/> YES <input type="checkbox"/> NO
<i>IF TSI OR ENGLISH LANGUAGE PROFICIENCY NOT MET, INSERT COURSE(S) NEEDED</i>		
<input type="checkbox"/> DREA / DWRI / DIRW (CIRCLE ONE)	<input type="checkbox"/> DMAT	<input type="checkbox"/> ESOL
<input type="checkbox"/> OTHER: _____	<input type="checkbox"/> OTHER: _____	<input type="checkbox"/> OTHER: _____
<i>Exemptions/waivers may exist. Speak with an academic advisor regarding placement in college readiness courses and your ability to enroll in core academic coursework.</i>		

### SEMESTER-BY-SEMESTER MAP FOR FULL-TIME STUDENTS <sup>iii</sup> ALL PLANS CAN BE MODIFIED TO FIT THE NEEDS OF PART-TIME STUDENTS

D	SEMESTER 1	ACTION ITEMS	
♦	<b>ENGL 1301</b> – Composition I <sup>iv</sup> (core course)	<input type="checkbox"/> Meet with your advisor to confirm your academic and career goals by the end of the semester. <input type="checkbox"/> At the end of the semester, begin researching colleges and universities where you would want to major in Kinesiology. <input type="checkbox"/> Meet with a career advisor/coach to research your career options with a degree in Kinesiology.	
♦	<b>HIST 1301</b> – United States History I (core course)		
♦	<b>MATH 1342</b> – Elementary Statistical Methods <sup>iv v</sup> (core course)		
♦	<b>EDUC 1300</b> – Learning Framework <sup>vi</sup>		
♦	<b>KINE 1301</b> – Foundations of Kinesiology		
♦	<b>PHED 1164</b> – Introduction to Physical Fitness and Wellness (core course)		
TOTAL SEMESTER CREDIT HOURS: 16			
D	SEMESTER 2	ACTION ITEMS	
♦	<b>ENGL 1302</b> – Composition II (core course)	<input type="checkbox"/> Meet with your advisor to confirm or update your academic/career pathway and program of study. <input type="checkbox"/> Ask about transfer advising to discuss options to pursue the bachelor's degree.	
♦	<b>HIST 1302</b> – United States History II <sup>v</sup> (core course)		
♦	<b>Choose One:</b> <b>SPCH 1311</b> – Introduction to Speech Communication <b>SPCH 1315</b> – Public Speaking (all core courses) <b>SPCH 1321</b> – Business & Professional Communication		
♦	<b>KINE 1338</b> – Concepts of Physical Fitness		
♦	<b>PHED x1xx</b> – Physical Activity Course		
TOTAL SEMESTER CREDIT HOURS: 13			
D	SEMESTER 3	ACTION ITEMS	
♦	<b>Choose One:</b> <b>ENGL 2321</b> – British Literature <sup>v</sup> (core course) <b>ENGL 2326</b> – American Literature <sup>v</sup> (core course) <b>ENGL 2331</b> – World Literature <sup>v</sup> (core course)	<input type="checkbox"/> Begin applying to your top choice universities. <input type="checkbox"/> Begin applying for Financial Aid and Scholarships ○ You can start the FAFSA in October for the next academic year. (i.e., in October 2020 you can complete the FAFSA if you plan to register for classes at a college or university Fall 2021) <input type="checkbox"/> Check with your advisor for important deadlines and dates.	
♦	<b>GOVT 2305</b> – Federal Government (core course)		
♦	<b>BIOL 2401</b> – Anatomy and Physiology I <sup>vii</sup> (core course)		
♦	<b>KINE x3xx</b> – Kinesiology Specialization Course <sup>viii</sup>		
♦	<b>KINE x3xx</b> – Kinesiology Specialization Course <sup>viii</sup>		
TOTAL SEMESTER CREDIT HOURS: 16			
D	SEMESTER 4	ACTION ITEMS	
♦	<b>Choose One:</b> <b>ARTS 1301</b> – Art Appreciation <sup>v</sup> (core course) <b>DANC 2303</b> – Dance Appreciation I <sup>v</sup> (core course) <b>DRAM 1310</b> – Introduction to Theater <sup>v</sup> (core course) <b>HUMA 1315</b> – Fine Arts Appreciation <sup>v</sup> (core course) <b>MUSI 1306</b> – Music Appreciation <sup>v</sup> (core course)	<input type="checkbox"/> After reviewing your degree plan and program of study, apply for Graduation. ○ Meet with your advisor to apply for the Associate of Arts degree. ○ Sign up for commencement. <input type="checkbox"/> Request final transcripts to be sent to the college or university to where you will transfer. <input type="checkbox"/> Join the <a href="#">Alumni Network!</a>	
♦	<b>GOVT 2306</b> – Texas Government (core course)		
♦	<b>BIOL 2402</b> – Anatomy and Physiology II (core course)		
♦	<b>Choose One:</b> <b>PHED 1304</b> – Personal/Community Health (core course) <b>PSYC 2301</b> – General Psychology (core course) <b>PSYC 2314</b> – Lifespan Growth & Development (core course) <b>SOCI 1301</b> – Introduction to Sociology (core course)		
♦	<b>Elective Course (1-4 hours)</b> <sup>viii</sup>		
♦	<b>PHED x1xx</b> – Physical Activity Course		
TOTAL SEMESTER CREDIT HOURS: 15-18			
AA DEGREE MINIMUM: 60 SEMESTER CREDIT HOURS   PATHWAY TOTAL: 60-63 SEMESTER CREDIT HOURS			

<sup>i</sup> Degree plans may change in later catalogs. You may use this pathway if you entered one of the seven colleges on or before this date.

<sup>ii</sup> Students must earn at least 25% of the credit hours (15 hours) required for graduation through instruction by one of the seven DCCCD colleges awarding the degree.

<sup>iii</sup> This is not an official degree plan. For official degree requirements, [click here](#).

<sup>iv</sup> You must earn a grade of "C" or better in English 1301 and the selected college-level mathematics course and receive a GPA of at least 2.00 on all college-level course work.

<sup>v</sup> There are several options to fulfill this requirement. See your academic advisor for a specific list.

<sup>vi</sup> All college students with fewer than 12 semester credit hours of successful college credit (grade of "C" or above) must take a student success course in the first semester.

<sup>vii</sup> BIOL 1406 is a Prerequisite to BIOL 2401.

<sup>viii</sup> Elective courses should be selected according to the intended university you will transfer to. See your academic advisor for assistance with course selection.